

E-Visits & Convenience Care Clinics

Are you or a family member not feeling well? PreferredOne now offers more options to seek care with 24/7 online access to E-visits and convenience care clinics. For coverage details refer to your PreferredOne plan documents or call PreferredOne Customer Service.

E-VISITS

Zipnosis and **Virtuwell** are PreferredOne participating providers.

For minor health conditions simply go online, answer a series of questions about your symptoms and you will be provided with an online diagnosis and treatment plan. Online nurse practitioners or board certified clinicians are available to assist you. Any necessary prescriptions are sent to a participating pharmacy of your choice.

VIRTUWELL

www.virtuwell.com

Common Conditions

- Acne
- Bladder infection
- Breast Infection
- Burn, sunburn
- Cold, cough, allergy
- Deer tick bite
- Ear pain
- Flu
- Lice
- Pink eye and stye
- Skin and nail
- Yeast infection

Support

- Must live in Minnesota, Wisconsin, Michigan or North Dakota
- Available 24 hours a day, 7 days a week
- Diagnosis in 30 minutes
- Treats individuals 2 years of age and up

Payment

- Up to \$45/treatment
- Member not charged until response from electronic insurance claim submitted by Virtuwell.

ZIPNOSIS

www.zipnosis.com

Common Conditions

- Acne
- Allergies
- Asthma Refill
- Bronchitis
- Cold and Flu
- Diaper Rash
- Eczema
- GERD (acid reflux)
- Irritable Bowel Syndrome (IBS)
- Motion Sickness
- Oral Contraception
- Pink eye
- Sinusitis
- Tick Bites
- Urinary Tract Infection
- Yeast Infection

Support

- Treatment while residing in Minnesota, Colorado, Washington, Pennsylvania
- Questionnaire 24 hours a day, 7 days a week, clinicians respond 8 a.m. to 8 p.m.
- Treats individuals 2 years of age and up

Payment

- \$25/treatment
- Member charged. Must submit claim to PreferredOne for reimbursement.

PreferredOne[®]
ADMINISTRATIVE SERVICES

E-VISITS & CONVENIENCE CLINICS

CONVENIENCE CARE CLINICS

Health care right around the corner

As the name suggests, convenience care clinics offer easy access to care for common illnesses and injuries. Convenience care clinics are usually open nights and weekends and are located in retail stores and clinics.

About Convenience Care Clinics

- Treats a limited range of common illnesses and injuries.
- Staffed by physician assistants or nurse practitioners.
- Affordable, especially for those who have high deductibles or want to reduce cost.
- Clinics list their fees upfront. Fees are lower than urgent care facilities and emergency rooms.

PreferredOne Participating Convenience Care Clinics

Convenience care clinics vary in the type of services they offer. Visit PreferredOne.com to access a complete listing of services, contact information and office hours.

- MinuteClinics (located in most CVS stores)
- Target Clinics
- Fairview Express Care (Princeton and Elk River, MN)
- Avera CuraQuick (Marshall, MN)
- Gopher Quick Clinics (Minneapolis)
- HCMC - Walmart Retail Clinic (Bloomington, MN and Eden Prairie, MN)
- HealthPartners Quick Clinic (Apple Valley, MN and Woodbury, MN)
- HealthStation (Sauk Rapids and Sartell, MN)
- Hudson Physicians Quick Care (Hudson, WI)
- Mankato Clinic Express
- Mayo Clinic Health System Express Care (Albert Lea, MN, Belle Plaine, MN, Eau Claire, WI, New Prague, MN and Rochester, MN)
- QCare (Duluth)
- Stillwater Medical Group - The Clinic at Walmart - Oak Park Heights
- St. Cloud Express Care (St. Cloud, MN)

For more information: Call 763.847.4477 or 1.800.997.1750 or visit PreferredOne.com