

FALL & SPRING
(ABOVE 70°F DURING CLASS)

- Sunscreen
- Hat
- Bug spray (if needed)



FALL & SPRING

- Jacket/Sweatshirt
- Waterproof Mittens
- Hat



WINTER

- Long underwear top and bottom
- Waterproof mittens
- Scarf/neck cover
- Hat



- T-Shirt
- Shorts or pants
- Extra long sleeve shirt for layering



- Rain jacket with hood and rain pants/bibs



- OR one piece rain suit



- Warm, water resistant winter coat
- Snowpants



- OR one piece snowsuit



- Shoes or closed toed sandals that are okay to get wet



- Rubber boots (rain boots)
- Tennis shoes/hiking boots
- Wool/fleece socks



- Insulated Boots (snow boots)
- Wool/fleece socks



Outdoor Clothing Suggestions

This was created for families that are looking for suggestions on what to buy. If you already have clothing - great!

Used clothing is great!! Outdoor clothing does NOT have to be expensive! If you buy quality brands, you can buy it used and it will still be weather-proof. Shop sales, garage sales and community social media pages (past families may likely be willing to sell you their gear for a discount!) and used clothing stores (Goodwill, Once Upon a Child, Savers).

Fall/Spring

One piece rain suits:

These are very popular for children in preschool & kindergarten and are a great option for ensuring your child stays warm and dry. When choosing a size, make sure you think of what clothing your child will be wearing underneath as well as allow room for your child to grow into it. Many families find that choosing a size or two larger allows their child to use the suit in Kindergarten too. If you don't have rain gear yet, these are an option worth considering.

Some Recommended Brands:

Oakiwear, Tuffo Muddy Buddy, Ducksday (Ollie and Stella Outfitters), Reima, Polarn O Pyret

Rain Pants:

These are required if you don't have a rain suit. Keeping your child's clothing protected makes for an easy transition back inside. While children always have a change of clothes on hand if their pants get dirty, we don't have the facilities to accommodate 18 children needing to change at the same time.

Some Recommended Brands:

Grundens, Columbia, Oakiwear, Ducksday (Ollie and Stella Outfitters), Lands End, Reima, Kuling, Celavi (Biddle & Bop), Polarn O Pyret Waterproof Suspender Shell Pants

Rain boots (Spring):

These aren't just for rainy days. Often the grass is wet or the ground is muddy in the fall and spring, so wearing rain boots during our time outside will help ensure your child has dry, clean shoes for the classroom and using the gym.

Some Recommended Brands:

Bogs - They have an insulated style that can be used as rain boots AND winter boots. If you get these - make sure your child has enough room in the boot for wearing warm socks!

Winter

Winter Boots:

Get a winter boot that is one size larger than your child's foot (this is with wool socks on). This creates a "dead-air space" to assist in insulating the foot. The best insulations for feet are wool socks with waterproof boots.

Some Recommended Brands:

LONECONE neoprene boots, Boggs (Make sure it is the insulated style that can be use in Winter) Baffin Boots, Kamik

Gloves versus Mittens:

We recommend mittens vs gloves as mittens are easier for children to put on/take off independently. Mitten length should be long enough to go over the child's coat & stay there when the child is moving around.

Buy at least two pairs of mittens/gloves to ensure your child has a dry pair each day.

Some Recommended Brands:

Head, Polarn O Pyret, Gordini, Outdoor Research, SnowStoppers, Stonz, Burton, Didrikson (from Alex and Alexa), Reima Ote, Kombi

How to Dress for the Weather Resources:

Article: [How to dress your kids for the outdoors](#)

Video - [Getting Dressed for Winter: Active Kids](#)