How to Help Your Child Become Independent in the Bathroom

While we understand accidents occasionally happen, children must be fully toilet trained to attend Circle of Friends Preschool.

Here is what your child will need to know:

- Boys will need to lift the lid if they are going to stand up.
- Teach them how to wipe independently – staff cannot help them wipe at preschool.
- Teach your child the order to going to the bathroom:
  1. First pull down pants, then underwear.
  2. Use toilet paper to wipe.
  3. Then pull up underwear first and then pants - using the belt loops is a great way to pull pants up.
  4. Wash hands. Please teach hand washing skills:
     a) Turn on water, wet hands, get soap and scrub hands together.
     b) Rinse until the soap off hands.
     c) Dry hands completely.

With these skills, your child will feel confident in the bathroom at school!

Parent Expectations

- If your child wets their pants, staff can guide them to change their clothing.
- If your child has a bowel movement, a parent or other caregiver will be called to come to school to change the child.