



# Prior Lake High School Parent Newsletter

## November 2018

### A POSITIVE PLACE TO LEARN

### IN THIS ISSUE

## From the Principal

by John Bezek

I am a believer in the statement "Time Flies When You're Having Fun". We are already reaching an important mile marker with the first quarter of the school year ending on Nov. 8<sup>th</sup>.

The first quarter of the school year has seen Prior Lake High School perform at very high levels at a number of different venues.

- Our Band Performed at the Halftime of a Gopher Football game in September
- 300 of our Choir Students performed a Masterworks Concert at Shepherd of the Lake
- Our Football team played at the new Vikings practice facility
- 2 Girls Tennis Doubles teams made it to the state meet with one team placing third
- Girls Cross Country Team made the state meet as did two of the boy's team members
- Our Boys Soccer Team won the conference title
- Our Girls Swim and Dive won conference and are just starting their section tournament
- Our Mountain Bike team members finished 2<sup>nd</sup> & 3<sup>rd</sup> at the state meet
- Our Fall Skeet team won the conference and had 6 of the top 25 shooters in the state
- Prior Lake Cheerleading earned a bid to nationals

These are just a few of the many positive things our students are achieving at PLHS in the first quarter of the year alone. I can hardly wait to see what opportunities for success await as we head into quarter two and the winter season.

We will also be implementing a new school safety procedure called Lockdown with Options, you will be getting a separate email from me this month that will detail what the protocol is as well as a link to a video we will be using to train students and staff at PLHS.

I would like to thank you for supporting the school and continuing to support our kids as Prior Lake makes waves at the local, state and national level.

#### **Upcoming dates:**

Nov. 8<sup>th</sup>– End of First Quarter

Nov. 9<sup>th</sup> – NO SCHOOL K-12

Nov. 15<sup>th</sup> – 18<sup>th</sup> – PLHS Musical "Sister Act"

Nov. 21<sup>st</sup>– 23<sup>rd</sup> – Thanksgiving Break

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## DID YOU KNOW?

**Laker Corner PLHS School Store** is open every day!

Before School:

7:45 — 8:00

6th Hour:

2:02 — 3:00

After School:

3:00 — 3:15

Attendance Line  
Phone Number

**952-226-8601**

**Parking Lot Reminders**

Speed limit for the high school parking lot is 10 miles per hour!

Main lot requires parking permit, must be displayed on the rearview mirror daily

Softball "daily" lot requires payment day before to park  
*(example: pay Monday to park Tuesday)*

**Laker Café** is open all day!

## Synergy/SAGE Parent Action Network

**SPAN** is the Synergy/SAGE Parent Action Network. We are also known as the Prior Lake-Savage Chapter of the MN Council for the Gifted and Talented (MCGT). Our mission is to support and advocate for academically advanced students, their parents, and their educators.

Our next meeting will take place on Tuesday November 27 at 7pm in the WestWood Elementary Media Center (5370 WestWood Dr. SE; Prior Lake, MN 55372), featuring an MCGT-sponsored CHAT night. Facilitator Pam McDonald, District 196 gifted specialist, will lead us through a discussion about asynchronous development in gifted kids.

We will also be hosting several informal "coffee" meetings toward the end of November/beginning of December where anyone can stop by to talk with SPAN Board members who have "been there" about any questions/concerns you have related to your child. Be sure to sign up for our email list to be notified about the coffee meetings and other meeting dates. If you have questions or would like to be placed on our email list, please email Apryl at [span.priorlake@gmail.com](mailto:span.priorlake@gmail.com). See all of our meeting dates on our website [www.mcgt.net/priorlake](http://www.mcgt.net/priorlake).

## Nurse's Note



### Seasonal Flu -Find a Flu Clinic

To find a flu shot clinic near you click on the following link: <http://www.health.state.mn.us/divs/idepc/diseases/flu/>

### Annual Health Forms/Medication Forms/Emergency Action Plans

#### Annual Verification of Health:

- 2018-2019 [Annual Verification of Health](#) is available online. Please fill this out and return to your student's school to ensure a complete health and safety plan for your student.

#### Medications:

- Please drop off your student's medications/inhalers/Epi-pens/medical supplies to the health office staff.
- All prescription and over-the-counter medications, supplements, lotions, etc. require a current physician's order at the beginning of each school year.
  - Please have your physician fill out and sign page 1 of the [Medication Authorization Form](#).
  - Page 2 labeled "Parent/Guardian Medication Authorization" **must be signed by parent/guardian.**
  - Medication is only accepted in a current, original, and fully labeled bottle.

#### Emergency Action Plans are required at school for the following:

- Severe allergies to foods/bee stings: [Allergies/Anaphylaxis Emergency Action Plan](#)
- Asthma: [Asthma Emergency Action Plan](#)
- Diabetes: [Diabetes Emergency Action Plan](#)
- Seizures: [Seizures Emergency Action Plan](#)

**\*\* Emergency Action Plans must be signed by the provider and parent/guardian.**



### Concussions

Please alert the School Nurse should your student sustain a concussion, as there are often educational implications subsequent to a concussion. Prior Lake Savage Area Schools require a doctor's note to make school accommodations. Follow this link for [Concussion Accommodations](#) paperwork.

#### Your PLHS Health Office Staff:

Julie Dusatko RN LSN, Julie Briguet RN, Kate Christopher- Health Aide

Phone #: 952-226-8606, Fax # 952-226-8686

## Attendance Procedures

Call the Attendance line – 952-226-8601

If your child will be absent from school due to illness, vacation, or appointments, etc.

If you need to take your child out of school for an appointment during the school day (call at least **30 minutes before** your pickup time)

If you forgot to call when your child was absent from school

You may also send us an email at:

[hsattendance@priorlake-savage.k12.mn.us](mailto:hsattendance@priorlake-savage.k12.mn.us)

You do not need to come into the school to pick-up your child. They will receive a pass to leave the building from the Attendance Secretary, they will sign themselves out of the building (at the desk located by the student entrance), and meet you at the car. All students **MUST** exit from the student entrance on the east side of the building.

### Absence due to Appointments

Students who miss all or parts of a school day due to a dental, medical or other appointments must provide written note from the dental/medical office where they received treatment.

### Absences Due to Family Vacations 3 or more days

Students need to pick up the "Parental Requests for Extended Absence" form in the attendance office and have it signed by each of their teachers and their parent(s).

### College Visits

Juniors are given one college day and Seniors are given two. They are excused absences, but do count towards the student's total missed attendance days per quarter. Verification of attendance at a post-secondary school is required upon the return of the student to PLHS.

## Back to School & Holiday Gift Card Collection

Each year, we support students in financial need with back to school supplies and gift cards during the holiday season. We appreciate the tremendous support of the community for these gifts. If you are interested in donating (suggested \$20.00 to Target) please feel free to drop off in any of the offices OR mail to Nancy VanHorne, School Social Worker, PLHS: 7575 W. 150<sup>th</sup> St. Savage MN 55378.

Feel free to email or call with questions: 952-226-8851 or [nvanhorne@priorlake-savage.k12.mn.us](mailto:nvanhorne@priorlake-savage.k12.mn.us)



## National Honor Society

Within the past month the National Honor Society has had many new and exciting improvements. On October 22 we were able to welcome and induct 52 new members! Within the 52 there are 10 seniors and 42 juniors! With the multitude of people we are so excited to be able to put on many more service projects as well as receive new ideas as well as incorporate new service! This past month we have hosted and helped with the community and through different events which include The Halloween Community Fest, Trunk or Treat, The Fall Blood Drive, and the American Brain Tumor 5K!

One of our first events this month was the American Brain Tumor 5k. This event was coordinated by Ms. Rummel's dad and we were able to help out with registration, helping out the runners so they knew where to go, and assisting in clean up!

The Fall Blood Drive was a great success and we received 77 pints of blood! A special thanks to Alex Olson and Dan Gerdes who were in charge of this event. It was so great seeing all of the high schoolers being so generous in donating. We hope that our next Blood Drive on February 14 can be just as or even more successful!

The day after the Blood Drive we were able to help out at the Community Halloween Fest. Here we were able to help kids out and take part in the various activities including a bouncy house, haunted house, photo booth, and costume party. This event was a great way to show our support and service for our community!

On Halloween we teamed up with student council to go out and trick or treat for canned goods! It was so great to have the community support us and our efforts to bring food to those who don't already have it!

We have many more exciting events coming up that we hope everyone can be involved in! We are off to a great start with our year and anticipate many more service opportunities!



## Guidance News

**9<sup>th</sup> Grade Parents:** Students should have completed the Learning Styles assessment and survey on Naviance. If they have not done so yet, please encourage them to finish as soon as possible.

**10<sup>th</sup> Grade Parents:** This year we are asking that all students complete two tasks per year using our college and career planning resource, Naviance. For 10<sup>th</sup> graders their assignment to complete is the Strengths Explorer test found under the Career Tab on Naviance.com. The task will also appear on the home page as an assignment. Once they have completed the test, or if they have completed it already, they will be asked to complete a reflection survey which can be found on the About Me tab. If you have questions about Naviance, please reach out to the Guidance office or download the "Parent's Guide to Naviance" found on the Guidance home page.

**12<sup>th</sup> Grade Parents:** Please keep in mind that transcripts take up to 10 school days to be sent and need to be requested through Naviance and paid for on Fee Pay. Transcripts will not be sent during school breaks.

## The Laker Way

This month 15 staff from different departments will attend our second PBIS convention! The Lake Way Team also presented to staff as professional development about the role of PBIS in our school and gathered feedback for moving forward to make sure our system addressed all learners.

## MNCAPS Minute

Marketing Analytics students spent an afternoon at Target Headquarters, learning how much to buy/forecast/selects products to sell in stores. Target representatives then shared a few examples of how a Buyer, Planner, and Associate Buyer use Microsoft Excel to make this all happen.

Site visits complement what is occurring in the classroom at MNCAPS. If you'd like to learn more about how this model serves juniors and seniors, please visit [www.mncaps.org](http://www.mncaps.org) or contact Erik Sill at [esill@priorlake-savage.k12.mn.us](mailto:esill@priorlake-savage.k12.mn.us).

